

**Welcome to our place at the Lake of Constance!**

**Hollow Bone with Caroline Carey**

Accommodation flat rate full board **except** cours fee

Seminar starts Tuesday, 4 pm Check in 2.30 pm

Seminar closes Sunday, 2 pm

First meal dinner

Last meal lunch

Check in from 2.30 pm

**Prices p/p for each module Sfr**

Doubleroom/with own shower and toilette used as single room 722,-

Doubleroom with own shower and toilette 627,-

Doubleroom used as singleroom 603,-

1 bed in a doubleroom (with 2 persons) 508,-

1 bed i a room with 2 to 4 persons 460,-

1 bed in a dormitory without bedding 413,-

Tent during the warm season 390,-

Camper during the warm season 413,-

Without accommodation and breakfast 245,-For dormitory please bring your sleepingbag. bedding has to be paid extra.

Shower are in the basements and Toiletts on every floor

Included:

* Overnight stay in the choosen category
* Full board biological, vegetarian/vegan
* Per diem for „Grander-water, tea and fruits,
* Free use of our own Glarisegg beach during the course time

Annulation:

* **Our seminars are a package deal. We expect that you participate on the full 3 courses and book accommodation and food in our house.**
* **Up to 2 weeks before the course starts we charge a handling fee of Sfr: 50.-. One week before we charge a half later storne will be the full amount. Finnishing before the cours is finnished there will be no refund.**

We recommend an annulation insurance.

Please pay by arrival in cash in €uro or Swiss francs.

We also take: Visa-, Master- and Maestro-cards.

**We are looking forward to meet you!**

* Schloss Glarisegg Betriebsgesellschaft GmbH | CH-8266 Steckborn  Telefon +41 (0)52 770 21 88 | Telefax +41 (0)52 770 21 90 | www.schloss-glarisegg.ch | info@schloss-glarisegg.ch *Feste Bürozeiten: Montag bis Freitag jeweils von 10 bis 12 Uhr sowie Dienstag und Donnerstag von 14.30 bis 16.30 Uhr*

**The Seminarcentre:**

Schloss Glarisegg is situated at the water edge of the „Untersee“ a small part of the big Lake of Constance. The next little town is called Steckborn in the canton „Thurgau“ in Switzerland. On the other side of the lake you see Germany.

Surrounded of wonderful woods with meadows and waterfalls, a ruin and endlos pathways is it the perfect place to take a break of everyday life.

The 53'000 sqaremeter proberty Schloss Glarisegg has ist own beach, which is open for all our seminar-guests.

**How to find Schloss Glarisegg:**

Steckborn is:

45 minutes by car from airport Zürich, 55 from St. Gallen, 35 from Schaffhausen, 20 from Konstanz und 100 from Stuttgart. www.viamichelin.com

By train, Postbus and in the Saisonby Ship is Steckborn easy reachable. www.sbb.ch By foot from the station in Steckborn you need half an hour to Schloss Glarisegg – follow the route for bykes direction Mammern

On request with pleisure we fetch you for a little fee: 5.00 CHF p/P from the station in Steckborn. Please tell us one day before. Thank you



 